

August 2020



AUGUST PREP CAMPS

July '20						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

September '20						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
STEW HENDRY ARENA	12:00-1:15 U16/18 Prep	12:00-1:15 U16/18 Prep	12:00-1:15 U16/18 Prep	12:00-1:15 U16/18 Prep		
16	17	18	19	20	21	22
STEW HENDRY ARENA	12:00-1:15 U16/18 Prep	12:00-1:15 U16/18 Prep	12:00-1:15 U16/18 Prep	12:00-1:15 U16/18 Prep		
23	24	25	26	27	28	29
30	31	August Jr. Prep Camp		Details		
		<i>Position Specific Skills</i>		STEW HENDRY ARENA		
		<i>Conditioning</i>		\$479+GST / 8 ICE SESSIONS		
		<i>Small Area Games</i>		BAC HOCKEY INSTRUCTORS		
		<i>Edgework/Power Skating</i>		GEARED TOWARDS QUADRANT PLAYERS		
		<i>Situational Skills/Games</i>		PROGRAM DESIGNED TO PREPARE PLAYERS FOR UPCOMING CAMPS		